



**UNIVERSITY OF GHANA
MEDICAL CENTRE LTD**
World Class Patient Care, Training and Research

NEWSLETTER

2025 4TH QUARTER EDITION



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EVENT HIGHLIGHTS

TRIO BRIDGE LAPOROSCOPIC GYNAECOLOGY SIMULATION TRAINING- 20TH TO 21ST OCTOBER



The Medical Training and Simulation Centre (MTSC), in partnership with the Trio Bridge Foundation, recently concluded a successful two-day Laparoscopic Gynaecology Simulation Training. Held from October 20th – 21st, 2025, the programme provided participants with intensive, hands-on experience in minimally invasive surgical techniques.

The training combined theoretical depth with practical application, featuring:

- **Surgical Foundations:** In-depth sessions on Pelvic Floor Anatomy,

Safe Laparoscopic Entry & Closure, and Surgical Ergonomics.

- **Technology & Science:** A focus on the Science of Energy and the effective use of Energy Devices in the operating room.

- **Hands-on Mastery:** Participants engaged in both Dry Laboratory and Wet Laboratory simulation exercises to refine their precision and technical skills.

This collaboration underscores MTSC's commitment to advancing clinical excellence and surgical safety through high-fidelity simulation.

UGMC PREMATURETY AWARENESS WEEK 2025



Our **"Purple Week"** celebrations reached a meaningful climax with the launch of the **UPLIFT FUND**, dedicated to supporting the care of needy preterm babies. Under the theme **"Equitable Care for Every Preterm Baby,"** the week featured our Pregnancy School Advocacy and a heartwarming graduation ceremony for our brave little warriors.

Highlights included:

- Expert sessions with paediatricians and lactation consultants.
- Interactive games, quizzes, and goody bags for expectant mothers
- The official launch of the **UPLIFT FUND** to provide critical support for neonatal care.

UGMC WORLD ANTIMICROBIAL RESISTANCE AWARENESS WEEK (WAAW) 2025 POSTER COMPETITION



To mark World Antimicrobial Resistance Awareness Week (WAAW), the UGMC Antimicrobial Stewardship Committee hosted a vibrant poster competition for students. Participants created artworks focused on hand hygiene and the responsible use of antibiotics.

We are thrilled to celebrate the creativity of our youth and announce **20 winners** in total:

- **10 winners** from Upper Primary (Class 4-6)
- **10 winners** from Junior High School (JHS 1-3)

Thank you to all the young artists for helping us spread the message that "Hand hygiene is key" and "Antibiotics do not treat viral infections."

Congratulations to our talented winners!

UGMC FUN-EDU Christmas Outreach 2025

Certainly, Christmas at UGMC could not have been complete without the annual Fun-Edu programme organised by our Paediatrics department. The **FUN-EDU Christmas Outreach Programme**

is a meaningful and impactful initiative aimed at combining education, compassion, and community service to support children and families during the festive season.



As part of this year's event, our Paediatrics team visited the Agape Children's Home, where structured educational activities, interactive sessions, and the distribution of essential items were carried out. The programme created a warm and engaging environment that fostered learning, joy, and meaningful connection. The enthusiasm and participation of the children underscored the importance of sustained community engagement in promoting child wellbeing.

Special acknowledgements to Indus Life Sciences Ltd whose partnership contributed significantly to the success of this year's outreach.

Again heartfelt thanks to all our donors, volunteers, and collaborators who generously gave their time, resources, and expertise to make the 2025 Fun- Edu initiative a success. Together, our Paediatrics department demonstrated the power of collaboration and collective action in inspiring hope and promoting health in Ghana - one child and one community at a time.





STAFF SPOTLIGHT

PROFILE CORNER

Mercy Torshie Schandorf, *Head of Medical Physicist and Radiation Safety*

Q.2 What inspired your career choice?

Coming from a family of health professionals, I always looked forward to joining the healthcare field. I've always loved the practical aspects of physics, but I wanted my passion for science to matter beyond equations and the classroom. When I discovered medical physics, I realized that physics could directly improve patient care, where precision, safety, and science could literally protect lives. I immediately lit up at the idea. That powerful blend of science and service ultimately inspired my career path.

Q.1 Your full name and profession?

My name is Mercy Torshie Schandorf, and I am a Clinical Medical Physicist.

Q.3 What is your role at UGMC and what does it entail?

I serve as the Lead Medical Physicist and Radiation Safety Officer at the University of Ghana Medical Centre (UGMC). I oversee radiation safety, quality assurance (QA), and quality control (QC) for advanced imaging systems, including MRI, CT, fluoroscopy,

cath lab, mammography, ultrasound, dental X-ray units, and conventional X-ray modalities.

Due to the use of radiation in these modalities, I ensure the safety of both patients and staff, support protocol optimization, and contribute to clinical governance and staff training. I work closely with radiologists and radiographers to ensure compliance with radiation protection standards. My responsibilities include preparing technical specifications for imaging equipment, conducting acceptance testing and commissioning, supervising equipment calibration and maintenance, performing patient dose assessments, and leading QA programs. I also participate in incident investigations, policy and resource reviews, and radiation protection training. Ultimately, my role is to ensure that every imaging procedure is safe, effective, and aligned with international best practices.

Q.4 What does your typical work day look like?

No two days are exactly the same, some are highly technical and equipment-focused, while others center on collaboration, education, and system strengthening. To attempt to describe a

typical day, it often involves performing quality control checks, conducting dose audits, training and educating staff, trainees, and students, and reviewing and optimizing imaging protocols. I also engage in research activities, troubleshoot technical concerns, mentor junior colleagues and trainees, and contribute to policy development and quality improvement initiatives. Overall, it's a dynamic balance of physics, problem-solving, and working closely with people to ensure safe, high-quality patient care.

Q.5 Any hobbies/what do you do when you aren't saving lives?

I enjoy mentoring young ladies in STEM, reading, reflective writing, and having meaningful conversations. I also value quiet time it helps me recharge and think deeply.

Q.6 Most memorable experience in your field

Leading Africa's first IAEA Quality Assurance Audit as a medical physicist was an incredibly meaningful experience. It wasn't just a professional milestone, it

felt like contributing to something bigger than myself, helping set standards that could impact patient care across the region.

Q.7 What are your personal values?

Integrity, excellence, compassion, and equity. I believe talent is universal, but opportunity is not so and I try to create spaces where others can grow.

Q.8 Any advice for the public?

Ask questions about the healthcare services you receive, understand your procedures and trust that there are teams behind the scenes working to ensure your safety including medical physicists you may never see.

Q.9 If you had to do lunch with only one person in the world, who would that person be?

I would choose someone who builds systems that lasts, perhaps a global health leader who has transformed healthcare in medical physics access at scale. I'm fascinated by sustainable impact.

Q.10 What's your favourite sport and why?

I have a quiet appreciation for tennis. I admire the balance it requires, strategy, endurance, focus and mental resilience. It's a sport where you are constantly adjusting, thinking ahead and staying composed under pressure. In many ways it mirrors medical physics, precision matters, small margin counts and consistency wins over time.

TITBITS FROM THE DIRECTORATES MEDICAL AFFAIRS

UGMC CONDUCTS 3 KIDNEY TRANSPLANT 23RD TO 24TH NOVEMBER



Between 23rd and 24th November 2025, UGMC successfully carried out three kidney transplant surgeries, each one representing a renewed chance at life for patients and their families. These complex procedures were made possible by the dedication of a multidisciplinary team of surgeons, nephrologists, anaesthetists, nurses, and support staff who worked seamlessly over an extended period, driven by skill, teamwork, and compassion.

Beyond the clinical achievement, these transplants tell deeply human stories of patients who had waited with hope,

families who stood by them, and donors whose selfless decisions made new beginnings possible. Every stage of care, from careful preparation to close post-operative monitoring, was guided by empathy and an unwavering commitment to patient wellbeing.

This remarkable achievement reflects UGMC's growing strength in advanced renal and transplant care and reinforces its mission to deliver life-saving services with excellence and heart. It is a powerful reminder that at UGMC, every successful procedure is not just a medical victory, but a life transformed.

UGMC and UK Partners Achieve Landmark Success in Cardiac Surgery



The University of Ghana Medical Centre (UGMC), in collaboration with the **South Tees Hospitals NHS Foundation Trust (UK)**, successfully concluded its annual "Hearts of Ghana" cardiac mission on Friday, **October 3, 2025**.

The mission achieved several historic medical milestones for the region:

- **Complex Aortic Root Surgeries:** Performed high-level repairs on the heart's main artery, a procedure typically requiring travel abroad.

- **Beating Heart Surgeries:** Conducted advanced operations while the heart was still beating (off-pump), which can lead to faster patient recovery.

- **Local Training:** The project, led by Professor Enoch Akowuah and Dr. Baffoe Gyan, focused on transferring critical skills to Ghanaian surgeons and nurses to build long-term independence in heart care.



GRAND ROUNDS



**UNIVERSITY OF GHANA
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GRAND ROUNDS

TOPIC:
IMPORTANCE OF PHARMACOVIGILANCE IN CLINICAL OUTCOMES

SPEAKER



DR. PRINCESS ENNIN
REGULATORY OFFICER / PHARMACIST
FOOD AND DRUGS AUTHORITY

**THURSDAY
30TH OCTOBER, 2025**
8:00AM MTSC, CONFERENCE ROOM B

**ONLINE VIA
MICROSOFT TEAMS**

<https://bit.ly/47s9p1l> MEETING ID: 347 200 156 774 4
PASSCODE: CU9vH6p8



**UNIVERSITY OF GHANA
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ANTIMICROBIAL STEWARDSHIP COMMITTEE
PRESENTS

World Antimicrobial Resistance Awareness Week

18th-24th Nov. 2025

THEME:
"Act Now: Protect Our Present, Secure Our Future."

#WAAW2025

25th Nov. 2025
Abstract fair & Grand Durbar

Venue: Auditorium, UCMC
Medical Training and Simulation Center

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Paul Owusu Donkor, PhD
President, Pharmaceutical Society of Ghana
SPECIAL GUEST OF HONOUR



Prof. Irene M. A. Kretschy
Dean of the School of Pharmacy, UG
KEYNOTE SPEAKER

GLOBAL HEALTH DAYS

- Breast Cancer Awareness Month- 1/10/25
- 2025 Customer Service Week- 10/10/25
- World Mental Health Day 2025- 10/10/25
- World Anaesthesia Day- 16/10/25
- Respiratory Care Week- 19-25/10/25
- Occupational Therapy Day Celebration- 07/11/2025
- World Diabetes Day Celebration- 14/11/2025
- Prematurity Awareness Week Celebration- 17-21/11/2025
- World AMR Awareness Week- 18-24/11/2025
- World AIDS Day 2025- 2/12/2025





Figure 1 Breast Cancer Awareness Month



Figure 2 Customer Service Week



Figure 3 World Anaesthesia Day



Figure 4 Respiratory Care Week



Figure 5 Occupational Therapy Day



Figure 6 World Diabetes Day



Figure 7 Prematurity Awareness Week



Figure 8 World Anti-microbial Awareness Week



Figure 9 World AIDS Day

UGMC's Leadership in Antimicrobial Stewardship: One Year of Impact and a Landmark WAAW 2025 Celebration

Over the past year, the University of Ghana Medical Centre (UGMC) has demonstrated sustained leadership in Antimicrobial Stewardship (AMS) and Infection Prevention and Control (IPC), strengthening its position as a national reference point in the fight against antimicrobial resistance (AMR). This commitment culminated in a high-impact celebration of World Antimicrobial Awareness Week (WAAW) 2025, which convened experts, clinicians, and the wider community to promote responsible antimicrobial use.

Inspired by national best practices and international standards, the WAAW 2025 programme featured expert-led discussions, research presentations, and interactive engagement sessions. Distinguished speakers, including Prof. Irene Kretchy, delivered high-impact addresses, while topical issues such as HIV viral suppression strategies and antibiotic use patterns in Ghana generated robust professional dialogue. A children's poster competition was also organized which attracted over 100 submissions, creatively engaging young minds and promoting early awareness of antimicrobial resistance. Interactive quizzes and recognition awards further enhanced participation and reinforced shared accountability for antimicrobial stewardship.

Beyond WAAW, UGMC's AMS Committee sustained momentum through targeted capacity-building initiatives. Over the year, the committee successfully trained a multidisciplinary team from the 37 Military Hospital to establish an AMS programme and conduct a Point Prevalence Survey (PPS). UGMC also delivered a Continuing Professional Development (CPD) session on the management of urinary tract infections and urosepsis in hospitalized patients to over 200 clinicians, strengthening evidence-based prescribing practices. In addition, strategic collaboration was advanced through partnerships with clinicians and the Infectious Diseases team at Korle Bu Teaching Hospital to deliver AMS training for over 50 healthcare workers.

Collectively, these initiatives enhanced clinicians' prescribing competence, supported institutions to implement functional AMS programmes, and improved public awareness of antimicrobial misuse. Aligned with the WAAW 2025 theme, "Act Now: Protect Our Present, Secure Our Future," UGMC continues to demonstrate leadership and collaboration in safeguarding the effectiveness of antimicrobials for current and future generations.



Figure 1 UGMC AMS Team of facilitators at the AMS training for clinicians from KBTH



Figure 2 Cross-section of participants from the WAAW Grand Durbar



Figure 3 Dr Abdul Samed Tanko, CEO of UGMC presenting an award.



Figure 4 Poster Drawings from finalists in the WAAW competition



Figure 5 Attendees engaging a Scientific poster presenter

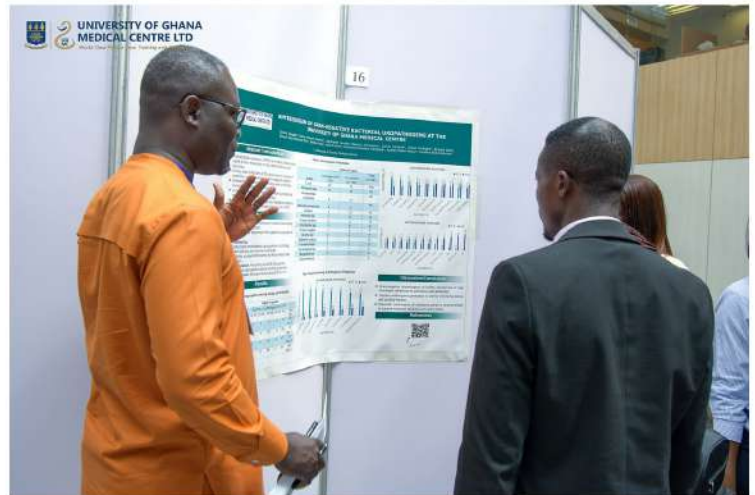


Figure 6 AMS CPD On Urinary Tract Infections

TITBITS FROM THE DIRECTORATES

HUMAN RESOURCE

Awards/Recognition

- The HR Directorate was awarded the Best HR in healthcare by HR Focus Africa Conference & Awards 2025, on Friday, 17th October 2025 at the Accra International Conference Centre.
- The the HR Director, Mr. Francis Kyereboah emerged the 1st Finalist for the HR Practitioner of the Year Category of the awards.

Successful Projects/Programs

- Our Last Quarter Staff Durbar was Successfully held on 23rd Dec.2025

Orientations organised included:

- Orientation and Induction for new staff - Oct 01 - 02, 2025
- Mini (HR) Orientation for new staff - Nov. 05, 2025 & Dec. 09, 2025
- Orientation and induction program for National Service Personnel - Dec. 10 - 12, 2025.

TITBITS FROM THE DIRECTORATES

MEDICAL TRAINING AND SIMULATION CENTRE

Simulation for Paediatric Anaesthesia Crisis Training" (SimPACT)



25 participants from 10 hospitals across Ghana have successfully completed an innovative four-day training dubbed "Simulation for Paediatric Anaesthesia Crisis Training" (SimPACT) - a groundbreaking training for anaesthesia providers, surgical and perioperative staff.

Several trainings were held during the fourth quarter of 2025 at the Medical

Training and Simulation Centre (MTSC), with a strong focus on simulation-based and hands-on training, emergency preparedness, procedural competence, and capacity building across clinical and non-clinical disciplines within UGMC and beyond.

October recorded the highest number of activities for the quarter. The month commenced with a three-day **Basic Emergency Care (BEC) Training**, during which twenty-five (25) participants, comprising specialists, medical officers, and nurses, were trained in the assessment and management of acutely ill and injured patients, with emphasis on early recognition of deterioration, teamwork, and safe decision-making. In collaboration with the General Surgery Department, MTSC conducted a Breast Examination Training of Trainers for thirty-four (34) trainees, including nurses, midwives, and MTSC staff. This training was to enhance technical competence and capacity building for the early detection of breast abnormalities. The Emergency Department also trained its emergency residents in targeted chest tube insertion, focusing on safe procedural techniques and the management of complications. The Centre further hosted a **SimPACT Workshop**, training 24 healthcare professionals, including paediatric surgeons, paediatric anaesthesiologists, perioperative and critical care nurses, in scenario-based simulation cases, communication, and non-technical skills. Surgical capacity building continued with a **Laparoscopic Gynaecology Training organized in partnership with Triobridge**. A total of 19 health professionals were trained, including residents, consultants, and specialists, with the aim of providing

hands-on exposure to minimally invasive procedures. Pharmacy capacity building was prioritized through a Procurement Training for Pharmacists, which trained twenty-six (26) pharmacists on procurement processes. Additionally, MTSC facilitated a **Basic Life Support (BLS) Training for 25 University of Ghana Medical School students**, strengthening essential life-saving skills.

In **November**, training activities continued with Emergency Room Simulation sessions for emergency residents, emphasizing experiential learning, teamwork, and crisis response. Pharmacists also benefited from a Documentation Training, with fifty-seven (57) participants trained in best practices for clinical documentation and record-keeping. MTSC further extended BLS training for 24 medical students, UGMC staff, and external clients. The quarter concluded in December with a three-day Essential Emergency and Critical Care (EECC) Training for twenty-one (21) participants comprising sonographers, radiographers, and physiotherapists, focusing on early recognition of critical illness and emergency interventions. Across the quarter, the MTSC trained a total of three hundred and ninety-six (396) participants. Overall, the period reflected MTSC's continued commitment to high-quality simulation-based education, workforce development, and the promotion of safe and effective healthcare delivery across UGMC and partner institutions.

AWARDS & RECOGNITIONS



Ghana 100 Most Influential People Awards (MIPA)

A huge congratulations to Dr. Tanko on this well-deserved achievement. Dr. Abdul Samed Tanko was honoured at the **Ghana 100 Most Influential People Awards (MIPA) on 27th November, 2025**, in recognition of his outstanding contributions and leadership. This prestigious award celebrates individuals whose impact continues to shape national development and inspire excellence within their respective fields.

Ayekoo!!! Keep on setting new standards of excellence.

Best HR in healthcare by HR Focus Africa Conference & Awards 2025

Director of HR, Mr. Francis Kyereboah, named **Best HR in healthcare by HR Focus Africa Conference & Awards 2025**, on **Friday, 17th October 2025** at the **Accra International Conference Centre**, in recognition of the professionalism, excellence, teamwork and innovation that drive our people-first culture at UGMC. He emerged the 1st Finalist for the HR Practitioner of the Year Category of the awards.

Ayekoo Mr. Kyereboah.



DONATIONS

UGMC continues to receive substantial support from individuals and organizations who share in our mission of delivering world-class, compassionate care. Each gesture of generosity strengthens our commitment to making a difference, one patient at a time.

This quarter saw a donation of reusable gowns from Consolidated Shipping Agencies Ltd.

Date	Donor	Items Donated
03/11/2025	Minister of Health, Hon. Kwabena Mintah	Anaesthesia Machines
26/12/2025	African Sickle Cell Watch	Christmas Souvenirs for the kids



Figure 1 Minister of Health, Hon. Kwabena Mintah's Donation



Figure 2 African Sickle Cell Watch Donation

COMMUNICATION WITH CARE

Esther Osei
PR Dept, UGMC



Some mornings feel like a scene from a survival movie and somehow, the universe is determined to test your patience before you even reach the office. From navigating traffic to juggling personal responsibilities, the journey itself often sets the tone for the day. There are moments when I've just arrived and my first thought is, *"Can we not do this right now? My brain is still on airplane mode!"* Yet, I've learned over time that no matter what challenges precede it, how we show up and how we communicate has a

profound impact on the people we meet and the outcomes we create.

Why Care and Communication Matter

Showing up with care and communicating clearly are two sides of the same coin. Care ensures that our intentions are grounded in empathy, understanding, and respect. Clear communication ensures that our thoughts, instructions, and feelings are conveyed effectively and leave no room for misunderstanding. Together, they transform interactions into meaningful connections, whether in a workplace, a professional meeting, or everyday encounters.

The Stages of Showing Up with Care and Clear Communication

- **Self-Preparation:** Pause, breathe, and acknowledge your own mood before engaging. Nobody wants to deal with someone whose brain is still screaming "Help me!"
- **Active Listening:** Focus fully on the person speaking, even if your brain is still replaying the morning's disasters. Listening means understanding, not just waiting for your turn to speak.
- **Thoughtful Response:** Respond clearly and intentionally. Remember, words are like boomerangs, they come back whether you meant them to or not.
- **Feedback and Reflection:** Ask clarifying questions, and afterward,

reflect on what went well and what could have gone better without crying over the spilled coffee of the morning.

Tips for Combining Care with Communication

- **Pause before responding:** A short pause helps you respond thoughtfully rather than react impulsively.
- **Be precise and concise:** Avoid ambiguity, clear, simple language reduces confusion.
- **Match words with tone and body language:** Consistency between verbal and non-verbal cues builds trust.
- **Validate emotions:** Even if you cannot solve a problem immediately, acknowledging feelings fosters connection.
- **Ask clarifying questions:** Ensure you understand others fully before responding.
- **Follow through:** Clear promises and consistent actions reinforce reliability and professionalism.
- **Practice empathy:** Step into the other person's perspective; it makes communication more effective and interactions more meaningful.

The Importance of This Approach

Showing up with care and communicating clearly impacts not only others but also ourselves:

- Builds trust and strengthens relationships
- Reduces misunderstandings and

conflicts

- Encourages collaboration and teamwork
- Improves personal and professional reputation
- Enhances confidence, presence, and resilience

Final Reflections

I've realized that these skills are not natural, they are practiced, refined and intentionally cultivated. Life often throws challenges, surprises, and stress our way but the way we choose to show up and communicate determines the quality of every interaction.

Showing up with care and communicating clearly is a mindset, a daily choice and a commitment. It reminds me that every conversation is an opportunity to educate, to reassure, to connect and to leave a positive impression. And while perfection is impossible, consistency, attentiveness, and empathy ensure that our presence and words truly matter.

TOURS/VISITS

At UGMC, each visit is more than a tour, it is a moment of learning, inspiration, and connection. Throughout the year, we had the pleasure of hosting students, professionals, and institutional delegations from across Ghana and beyond, all keen to experience our state-of-the-art facilities and progressive healthcare practices. From educational engagements to professional exchange programmes, these visits continue to reinforce UGMC's position as a leading centre for training, collaboration, research, and excellence in healthcare delivery.

Here are our guests for this quarter:

- CEO of Novartis Pharma - 1/10/25
- Klintaps College of Health and Allied Sciences- 4/10/25
- Ministry of Health and NU Hospital Team, India- 9/10/25
- Onemaa Foundation Poland, and Medical University of Warsaw- 23/10/25
- Students of Preset Pacesetters Senior High School- 30/10/25
- Institutional Advancement, University of Ghana- 31/10/25
- Ghana Medical and Dental Council- 06/11/2025
- Ascend – USA- 10/11/2025
- Ghana Atomic Energy Commission (GAEC) and International Atomic Energy Agency- 11/11/2025
- Lincoln Community School- 12/11/2025
- Al-Rayan International School- 13/11/2025
- International Conference Atomic Energy Agency, Vienna- 17/11/2025
- Fosun Medical Technology & China National Health Commission- 25/11/2025
- Youth Leaders Fellowship of the United Nations Population (UNFPA) Fellows- 26/11/2025
- Survey by Deloitte & Touche, Japan- 1/12/2025
- Legon Health Sciences Directorate- 8/12/2025
- Embassy of Burkina Faso- 11/12/2025
- Madam Obuobia Opoku-Darko- Administrator for Ghana Medical Trust Fund- 17/12/2025

LAUGHTER IS THE BEST MEDICINE

- Why don't surgeons like to argue

?

They always want to cut things short.



- Why did the nurse bring bandages to the party

?

Just in case things got wrapped up.

- What do you call a doctor who fixes websites

?

A URL-ologist.

ANNOUNCEMENTS AND ADS



UNIVERSITY OF GHANA MEDICAL CENTRE LTD
West Coast Patient Care, Training and Research

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- Cash Donations
- Non-perishable food
- Stationery & school supplies
- Clothing (all ages)

UGMC Social Services Unit
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NOTICE FOR UGMC PATIENTS

All UGMC patients are to kindly note that payment for services received or for medications given are **ONLY** to be made at the **CBG cash points**

These cash points are currently located in the following places:

- Main OPD Reception Area
- Near the Urology OPD Clinic
- Imaging Block Atrium (near the Canteen)
- OPD Pharmacy reception area
- Patient Tower Reception Area
- Women and Children Reception area

Please call our Finance Directorate on 054 323 2946 or 020 128 8584 for any further clarification



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