



**UNIVERSITY OF GHANA
MEDICAL CENTRE LTD**

World Class Patient Care, Training and Research

THE UGMC

NEWSLETTER

JANUARY - JUNE, 2024

Vol 1 : Issue 1



MOH DONATES AMBULANCE TO UGMC

The Ministry of Health (MOH) generously donated an ambulance to the Centre on 20th May, 2024. This donation will significantly enhance our service delivery.

Dear Valued Stakeholders,

We are delighted to present the first edition of our newsletter, which is aimed at improving internal communications, keep all of us connected and also help to strengthen company culture. This maiden edition highlights some major activities that took place at UGMC from January to June as well as some insightful interviews with some of our cherished staff. Enjoy reading!



FIRST HUMAN DEMO ON THE NANOX ARC

UGMC successfully conducted its first human demo on the Nanox ARC, a cutting-edge medical imaging technology on 17th January, 2024. Nanox ARC (a cross between a CT scan and an Xray machine) involves the use of medical imaging technology to make diagnostic medicine more accessible and affordable to all. This milestone marks a significant step in our mission to provide innovative healthcare solutions in Ghana and across the globe.



FILLING OF KEY VACANT POSITIONS

The elevation of the Director of Medical Affairs to the position of CEO and the retirement of our former Director of Pharmacy respectively created vacancies in 2023, which needed to be filled. After a rigorous selection process, Dr. Baffoe-Gyan and Dr. Josephine Mensah emerged as Directors of Medical Affairs and Pharmacy respectively. We would like to use this forum to congratulate them once more.



MANAGEMENT HOLDS STAKEHOLDER ENGAGEMENT WITH STAFF ON 5-YEAR STRATEGIC PLAN (2024-2028)

At the beginning of the year, our CEO, Dr. Kwame Anim-Boamah and a cross - section of management members met with staff of various departments of the Centre. These meetings were aimed at energizing staff towards the attainment of the Centre's set objectives. Staff were encouraged to continue to work hard and ensure the actualization of the newly launched 5-year strategic plan which is expected to transform the Centre from a tertiary service level provider to a quaternary one. The focal areas in the strategic plan which is expected to drive this transformation are Clinical Services, Research, Training, Infrastructure, Staff, Finance, Client Experience and Governance and Leadership.

SPOTLIGHT



DR. CECILIA ABIOLA KAKRABAH-QUARSHIE

Meet Dr. Cecilia Abiola Kakrabah-Quarshie, Senior Specialist in Orthodontics and Dentofacial Orthopedics and Head of our Dental Department.

What Inspired you to Become an Orthodontist?

A curiosity led me to orthodontics. After dental school, I worked with a professor and I became fascinated with blending aesthetics and science to create stunning smiles while restoring confidence.

What Does an Orthodontist Do?

An orthodontist is a specialized dentist who after dental school, spends at least 3 more years learning and training in diagnosis, treatment, and prevention of poorly aligned teeth and jaw bones using braces, aligners, and special appliances.

If you have to do lunch with only one person in the world, who will that person be?

I will love to have lunch with Oprah Winfrey, a truly inspiring woman who has risen from adversity to become a global influencer.

Typical Working Day

As a wife, mother, orthodontist, department head, and president of the Ghana Dental Association, my days are filled with challenges, opportunities, clinical work, meetings, deadlines, strategies, and constant planning. I prioritize morning prayers, school runs, and administrative tasks at the clinic. As President of the Ghana Dental Association, I chair meetings and contribute to oral health advancement. After a fulfilling day, I cherish family time, manage household duties, and watch YouTube videos on various topics. My passion for oral health, empowerment, and inspiring others to reach their full potential drives me to embrace each day's challenges and opportunities and I strive to be a better version of myself everyday.

Hobbies

- Watching YouTube videos for self-development
- Listening to music
- Traveling

Most Memorable Experience

I remember a mother bursting into tears after I fitted her son's braces, thanking me profusely for restoring her son's confidence.

Advice to the public

Avoid harming your teeth and gums by seeking for help from the right professional when you are having issues with your teeth or gums.

Values

- My God
- My name
- My integrity

HUMAN RESOURCE ORIENTATION SESSIONS (JAN - JUNE, 2024)



Comprehensive orientation programmes organised for all new staff of the Centre as part of the on - boarding process by our HR Directorate is designed to equip our staff with the knowledge and skills necessary to excel in their roles. The training covers essential topics such as quality control and assurance, client service excellence, legal issues in healthcare, emergency preparedness, patient safety and risk management, AIDET communication framework, update on nursing skills and ward management and patient care coordination session were held on; June 3 - 5 and June 19 - 27, 2024.

UGMC PERFORMS 6 KIDNEY TRANSPLANTS



Our skilled medical team partnered with a nephrologist from the UK, Professor Nadey Hakim to successfully perform six kidney transplants on 30th June, 2024. This is a demonstration of the Centre's commitment to leverage on strategic collaborations to deliver high - end medical services in line with it's vision.

NEWS FROM THE MTSC

Our Medical Training and Simulation Centre (MTSC), which is committed to achieving excellence in medical education, conducted the underlisted training programmes during the period.



- Basic Emergency Trauma Course for nurses - **January 29-31, 2024**
- Advanced Ultrasound Training for medical professionals - **February 27-29, 2024**
- Basic Life Support Training for UGMS students - **February 28, 2024**
- Oxygen Ventilation Administration Training for Radford University College - **March 19, 2024**
- Basic Life Support Training for Radford University - **March 19, 2024**
- Infection and Prevention Control Training for Radford University College - **March 20, 2024**
- Airway Management and Oxygen Therapy for Radford University College - **March 21, 2024**
- Clinical Observation Training by Radford University College - **March 22, 2024**
- Advanced Emergency Trauma Course for Medical Professionals - **March 25-28, 2024**
- Basic Life Support for Ghana Society of Radiographers - **April 13, 2024**
- Advance Cardiac Life Support Training Noguchi Memorial Institute for Medical Research - **May 6, 2024**
- Basic Life Support Training for UG Pharmacists - **May 8-10, 2024**
- Basic Life Support Training for Jerdars Foundation - **May 10, 2024**
- Basic Life Support Training for UGMC NSS Personnel - **May 3-18, 2024**
- Basic Life Support Training for Council on International Educational Exchange - **June 3, 2024**
- Basic Life Support Training at UG Hospital - **June 5, 2024**
- Phlebotomy Training for East Cantonment Pharmacy - **June 10-14, 2024**

EXAMINATIONS CONDUCTED BY OUR PARTNERING INSTITUTIONS

Medical & Dental
Council - Licensure
Exams for Foreign
Trained Doctors

Ghana College of
Physicians &
Surgeons -
Licensure
examinations -
March 12, 2024

University of
Ghana Medical
School -
Examinations -
May 14-15, 2024

West African
College of Nurses
Examinations -
June 6, 2024



SEND-OFF PARTY FOR RETIREES'

On 12th April, 2024 we bade an emotional farewell to three (3) retired management members, Dr. Darius Kofi Osei, our former Chief Executive Officer, Prof. Aaron Nii Lante Lawson - former Director of Medical Training and Simulation Centre and Dr. George Asumadu Amoateng - former Director of Pharmacy. We acknowledge their exemplary contributions to the growth and development of UGMC and their legacy will continue to inspire and motivate us.



MONTHLY BLOOD DONATION CAMPAIGN

In January, the Centre institutionalized a monthly blood donation drive in collaboration with the National Blood Service to help save the lives of its cherished patients.

JCI TRAINING

As part of our strategic aim to become a world-class centre, our Quality Management Department facilitated a Joint Commission International (JCI) accreditation training session for selected staff from 24th to 26th of April. The training provided participants with in-depth understanding of the requirements for JCI accreditation.

NEWS UPDATE FROM THE UGMC ANTIMICROBIAL STEWARDSHIP COMMITTEE



On March 8, the UGMC Antimicrobial Stewardship Committee (AMS) organised a highly patronised Edufair - an annual seminar and educational fair - which is organized to create awareness about antimicrobial resistance among healthcare workers. The fair was attended by 5 pharmaceutical companies (Sanofi, Denk, Palb, M&G, and ECPL) as well as the heads of various facilities.



The AMS Committee also welcomed a team from HealthCare Improvement Scotland and 5 partner hospitals in Ghana (CwPams Project 2) from 7th-9th May 2024. The teams from the partner hospitals provided updates on the progress made in their various institutions as well as the next steps for their partnership with UGMC.

ON-GOING FUND-RAISER CAMPAIGN FOR IN-PATIENT CLINICAL TRIALS UNIT BY THE MSRC

Our Medical and Scientific Research Centre is passionate about performing Clinical Trials that will bring new treatments to Ghana and Africa as a whole.

Hence the Centre has mounted a rigorous fund - raising campaign to establish a historic In - patient Clinical Trials Unit at UGMC.

Just dial *887*222# and follow the prompt.

Heartfelt thanks to all donors and philanthropist who have so far donated towards this historic project spearheaded by our Medical and Scientific Research Centre (MSRC). You may kindly dial *887*222#, visit our website or download the Chango app in order to send your donations.



  **UNIVERSITY OF GHANA
MEDICAL CENTRE LTD**
World Class Patient Care, Training and Research

Let's Make History Together

Support the establishment of the first-ever in-patient clinical trials unit in West Africa at the Medical and Scientific Research Centre of the UGMC.

Target: Ghc 50,000,000.00

Donate Via:

1. Shortcode USSD ***887*222#**
2. Visit: <https://ugmedicalcentre.org/donateand> follow the payment steps
3. Bank Payments by Cash: Complete the Bank deposit form. Provide the UGMC campaign code **(222)**, Payer's email address and phone number

Payment by Cheque, address it to: **Chango/ FUND-RAISER FOR IN-PATIENT CLINIC TRIALS UNIT**

For Enquiries Call: 0596 993 830 | 0243 422 583 | 0501 187 994
Email: info@ugmc.ug.edu.gh
Website: WWW.ugmedicalcentre.org

 **chango**  

GRAND ROUNDS (JAN - JUNE, 2024)

Monthly Grand Rounds at the UGMC are usually dedicated to medical education as well as for the presentation of medical problems and latest treatment options to an audience consisting of doctors and other stakeholders in the health care industry. These presentations are very exciting and insightful so please make sure you don't miss the next presentation!

Grand Rounds Topics (Jan - June, 2024)

- Advances in Head and Neck Cancers - **January 10, 2024**
- Plastic Surgery: Necessity Or Vanity - **March 28, 2024**
- Integrating Mental Well-being and Movement in Our Work - **May 30, 2024**
- Management Of Diabetic Nephropathy - **May 30, 2024**
- Humanistic Medicine - **June 27, 2024**



GRAND ROUNDS

TOPIC: EDUCATION OF MYLODIN AND MANAGEMENT OF GASTROESOPHAGEAL REFLUX DISEASE

DR. AMOAKO DUAH

THURS. 25TH JULY, 2024 **8AM**

MTSC, AUDITORIUM

ONLINE VIA MICROSOFT TEAMS

MEETING ID: 305 391 011 525
PASSCODE: 305499

SPONSOR: **Pharmaceuticals**



GRAND ROUNDS

TOPIC: MANAGEMENT OF DIABETIC NEPHROPATHY: THE ROLE OF ARB'S-ESSENTIAL

DR. FRANK CHADDAI

30TH MAY, 2024 **8:00AM** **MTSC, AUDITORIUM**

ONLINE VIA MICROSOFT TEAMS

MEETING ID: 379 115 230 521
PASSCODE: 344311



GRAND ROUNDS

TOPIC: HUMANISTIC MEDICINE

PROF. BENJAMIN FREDERICK

THURS. 27TH JUNE, 2024 **8AM**

MTSC, AUDITORIUM

ONLINE VIA MICROSOFT TEAMS

MEETING ID: 305 391 011 525
PASSCODE: 660RPI



GRAND ROUNDS

MONTHLY MEETING

ADVANCES IN HEAD AND NECK CANCERS

MAIN GUEST SPEAKER: **DR. DAVID GOLDBERG (MD, FACS)**
PROFESSOR AND CHAIR
HEAD AND NECK SURGERY
PENNSYLVANIA COLLEGE OF PODIATRY

VENUE: **MTSC, AUDITORIUM**

MEETING ID: 879 7660 3629
PASSCODE: 1012024

WED. 10TH JAN. 2024 **8:00 AM**



GRAND ROUNDS

MONTHLY MEETING

PLASTIC SURGERY: "NECESSITY OR VANITY?"

DR. ZAINAB SCHUMACHER

DATE: 28TH MARCH, 2024 **TIME: 8:00 AM**

MEETING ID: 333 884 373 528
PASSCODE: 788VBP

VENUE: **MTSC, AUDITORIUM**

VAL'S DAY AT UGMC



It was all about love and connection at UGMC on Val's Day 2024!



MOTHER'S DAY AT UGMC

Our female staff and clients were not left out during this year's Mother's Day Celebrations on 12th May, 2024.

FATHER'S DAY AT UGMC



Male staff and clients were equally celebrated during this year's Father's Day Celebrations on 16th June, 2024.

GLOBAL HEALTH/PROFESSIONALS DAYS MARKED AT UGMC

Staff of the Centre seized the opportunity to amplify awareness about their respective professions and also educate the public on the signs, symptoms and treatment options for various disease conditions.

Please enjoy some pictures of the various celebrations!



WORLD SLEEP DAY
14TH MARCH, 2024



WORLD
ORAL HEALTH DAY
20TH MARCH, 2024



WORLD
SOCIAL WORK DAY
25TH MARCH, 2024

GLOBAL HEALTH/PROFESSIONALS DAYS MARKED AT UGMC



**WORLD
HAEMOPHILIA DAY
17TH APRIL, 2024**



**INTERNATIONAL NURSES
AND MIDWIVES WEEK
28TH -31ST MAY, 2024**



**NEONATAL JAUNDICE
AWARENESS
30TH MAY, 2024**



**MENTAL HEALTH
AWARENESS DAY
1ST -31ST MAY, 2024**

AWARDS AND RECOGNITION

Management and staff in various departments of the Centre received recognition for their exceptional contributions in their respective professions.

Kudos to all of them!



UGMC FEATURES IN FACILITIES MANAGEMENT JOURNAL, 2024

Mr. Selasi Setsoafia, our Deputy Director, Facilities Management, was featured in the International Facility Management Association's Facilities Management Journal (March/April 2024 edition). UGMC was also the first African facility to be featured in the journal.

DAISY AWARD, FEBRUARY 2024

Nurse Mavis Sappor was honoured with the esteemed Daisy Award from the Ghanaian-Diaspora Nursing Alliance in February, celebrating her outstanding contributions to the nursing profession and her unwavering commitment to delivering exceptional patient care.



SHE ACHIEVER AWARDS, MARCH 2024

Ms Barbara Owusu-Hemeng, Head of Client Service and PR, was recognized by the Business Executive Group, an international NGO, as an outstanding female achiever in Client Service and PR in West Africa.

MINISTRY OF HEALTH (MOH) AWARD, MAY 2024

Ms Rukia Yaa Nyarkoan Tsaba, Midwife at the Centre, received the Ministry of Health (MOH) award for Outstanding Midwifery Services - Quaternary Division, May 2024.





DONATIONS

(JAN - JUNE 2024)

Individuals and organisations continue to support the Centre to fulfil its mandate by donating cash and assorted medical and non - medical consumables to the Centre.

The under-listed organizations and individuals supported us with the following donations during the period (Jan - June 2024).

- An amount of Gh¢120,000 to support the Renal Unit on 8th February, 2024 - [Jospong/Zoomlion](#)
- Assorted medical consumables to the Medical Training and Simulation Centre on 9th February, 2024 - [Penn State University](#)
- A baby bassinet, ventilator and incubator to the Paediatric unit on 23rd February, 2024 - [Flokefama Ltd](#)
- Toys and accessories to the Paediatric unit on 12th March, 2024 - [Philanthropists](#)

- Pull-up stand and sticker for awareness on Hodgkin lymphoma Cancer on 23rd April, 2024 - [Michael De-Graft foundation](#)
- Malaria medications to UGMC on the 25th April, 2024 - [Bliss GVS Pharma](#)
- Donation of Ambulance to the Centre on the 20th of May, 2024 - [Ministry of Health \(MoH\)](#)
- donated Assorted syringes and medical consumables to UGMC on 14th June, 2024 - [Ibermensa](#)
- An amount of Gh¢100,000 to UGMC on 19th June, 2024 - Access Bank

Do you know of any potential donors? Please send an email to: publicrelations@ugmc.ug.edu.gh

SPOTLIGHT



MRS. GLORIA K. AFFUL-FRIMPONG

Meet Mrs. Gloria K. Afful - Frimpong, a Medical Social Worker and Head of our Social Services Department. Social work is a practice-based profession and an academic discipline that promotes social change and development, social cohesion, as well as the empowerment and liberation of people.

What Inspires the work you do?

My dream profession was Nursing. However, I noticed a gap in patient care during my first pregnancy. The need for psychosocial support for patients coupled with other life challenges that patients face, made me decide to become a medical social worker to bridge the gap in the provision of patient and family - centred care.

My Core Inspiration

Compassion drives me to alleviate or provide support for individuals and families facing difficult health challenges.

My Passion

I am driven by a strong motivation to help people make informed decisions to transform their lives.

The Role of a Social Worker

Social workers provide assistance to vulnerable people, groups and communities to improve their well-being. We support populations that are often vulnerable, such as those experiencing discrimination, using substance abuse, or other social injustices (eg. poverty, gender violence, forced child labor among others).

A Typical Day

My day involves interprofessional team meetings, coordinating care, accessing resources, addressing legal issues, providing education and assurance, counseling, conflict management or resolution, training, and supervision.

If you have to do lunch with only one person in the world, who will that person be?

Darlene Zschech, the hero in my life. I would really love to have a woman-to-woman conversation with her and learn more about her experiences .

Hobbies

- Listening to contemporary gospel music, country music, and classical pieces.
- Cooking -Traveling -Reading
- Backyard gardening

Most Memorable Experience

Reuniting discharged patients and those abandoned by their families in the wards. Ensuring continued care and support after reunification and integration to their homes.

Advice


I am adding my voice to the call for the Social Service profession to be considered as a profession in Ghana. I also believe that lifelong learning and continuous professional development are necessary to stay in the provision of quality patient care in the healthcare industry.

Life Values

- Compassion and Empathy
- Service to Others
- Advocacy



JOKES CORNER



I tried playing hide and seek in
the hospital, but they kept
finding me in the ICU...

Why did they take
paracetamol to prison?

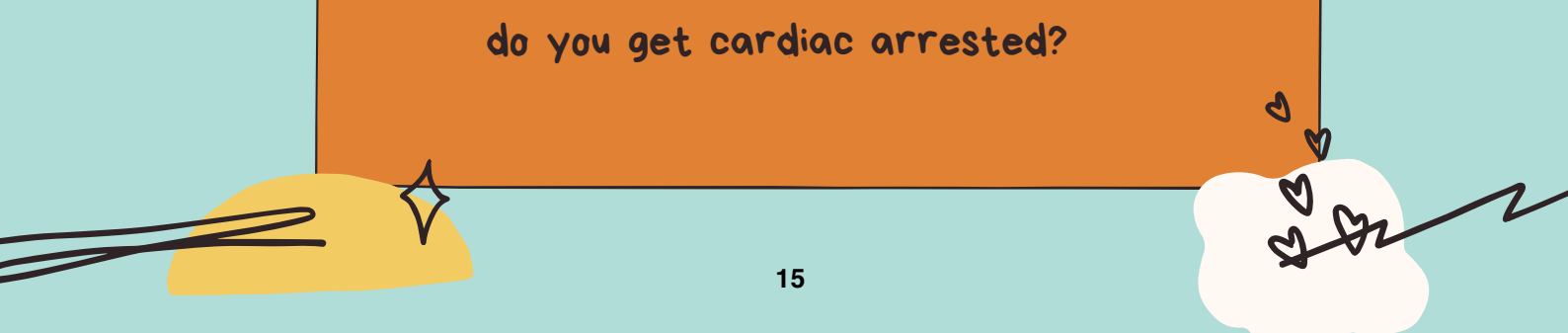
Because its a pain
killer...loool

Never lie to an X-ray technician.
They can see right through you.

What do you call a doctor
who fixes websites?

A URL-ologist...loooll

If you steal someone's heart,
do you get cardiac arrested?



TOURS AND VISITS (JAN - JUNE, 2024)

The Centre continues to welcome local and foreign visitors/ guests who are excited to know more about our world - class facilities and services.

With much enthusiasm and joy, we welcomed the following visitors / guests during the period:

·Jospong group of companies /Zoomlion LTD	-	8th February, 2024
·Penn State University	-	9th February, 2024
·University of Ghana Biomedical students	-	9th February, 2024
·Local Organising Committee-13th African games	-	12th February, 2024
·Silver Stool Sports & Creatives	-	13th February, 2024
· Business and Financial Times	-	15th February, 2024
· Flokefama LTD	-	23rd February, 2024
· Jewish Development Committee (Israel)	-	26th February, 2024
·Freiburg University Germany	-	27th February, 2024
·Ultimate International School	-	1st March, 2024
·Danchira Basic School	-	8th March, 2024
·Newmont Ghana	-	14th March, 2024
·All Nations University	-	22nd March, 2024
·Ho Teaching Hospital	-	26th March, 2024
·African Union with Dr. Hafez Taher - MOH	-	10th April, 2024
·All Nations Nursing Students Association	-	15th April, 2024
·MOH and GIZ team	-	15th April, 2024
·Iranians	-	16th April, 2024
·Institute of Statistical Social and Economic Research - (ISSER)	-	18th April, 2024
·Social Welfare College – Denmark	-	22nd April, 2024
·University of Central Lancashire	-	24th April, 2024
·Valley View University	-	25th April, 2024
·Indiana University	-	10th June,2024
·African Union & Ministry of Health	-	13th June, 2024
·Ghana International School	-	20th June, 2024
·Northeastern University alumni	-	20th June,202
·Edlys Montessori	-	28th June, 2024

Guest writers wanted.
Please send the latest
news in your
department to this
email:
publicrelations@ugmc.ug.edu.gh

WE HOPE YOU ENJOYED THIS MAIDEN EDITION OF OUR NEWSLETTER/ STAY TUNED FOR MORE UPDATES/ YOU CAN REACH US ON publicrelations@ugmc.ug.edu.gh

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